

**GREEK ORTHODOX LADIES PHILOPTOCHOS SOCIETY, INC.
NATIONAL COMMITTEE REPORT
2018-2020**



EDUCATIONAL INITIATIVES – WOMEN’S HEALTH INITIATIVE

Chair: Barbara Pasalis

Co-Chair: Carol Stamas

Committee Members: Marty Driscoll, Lekita Esser, Margaret Sarafoglu

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The mission of the Women’s Health Initiative is to focus on critical health issues facing women today. The first educational initiative focused on the leading cause of death in women – heart disease. The focus for 2019-2020 is on two of the leading killers by cancer in women – Ovarian Cancer and Pancreatic Cancer. The committee members have delved into each of these cancers in great detail. The topics covered for each of the cancers is as follows:

- About Ovarian Cancer
- About Pancreatic Cancer
- Symptoms, Causes, Risk Factors and Prevention
- Early Detection
- Treatment for Pancreatic/Ovarian Cancer
- Living After Treatment for Pancreatic/Ovarian Cancer

PDFs have been developed for each of the cancers that comprise references which have been vetted from the American Cancer Society, The New England Journal of Medicine, Cancer Patients Alliance, National Cancer Institute, Mayo Clinic, CDC, and Web MD. The intent is to post the PDFs on the National Phioptochos website for ongoing use by our members. Additionally, as September is Ovarian Cancer month and November is Pancreatic Cancer month, the committee plans to develop a roll-out plan to introduce each of the respective PDFs.

Respectfully submitted,

Carol Stamas