



GREEK ORTHODOX ARCHDIOCESE OF AMERICA

GREEK ORTHODOX LADIES PHILOPTOCHOS SOCIETY, Inc.

January 30, 2019

Dear National Board members, Metropolis Presidents, Chapter Presidents and Philoptochos members,


We've been hearing on the news that record-breaking temperatures are expected in many parts of the country, and warming centers are being set up. *Now*, is the time to make a difference – to help.

HOW CAN YOU HELP NOW?

- Visit the Homeless Shelter Directory <https://www.homelesshelterdirectory.org/> and click on your state, to locate your local 12 hour or 24 hour Low Barrier/ Emergency Shelter and see what need they have for food and/ or personal items.
- Contact your local food-bank and find out how you can help. If you need help locating one, visit <https://www.feedingamerica.org/> and search by your zip code. Volunteers help sort, group and arrange foods. Drivers are even needed to drop off the food.

HOW CAN YOU CAN CONTINUE TO HELP?

- Donate money to a food bank. \$1 goes farther when they buy in bulk and can qualify for matching funds.
- Collect gloves, scarves, hats, gently used coats, etc., at your church, child's school, place of employment and donate them. Make it a team effort.
- Sponsor a food packing event such as Rise Against Hunger, where groups package food for the hungry and enjoy the camaraderie of friends. Visit: <https://www.riseagainsthunger.org/> to learn more.


#PhiloStrong

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